



# Community Engagement Track

These workshops are recommended to provide the resources important to students who currently are or want to engage with the greater community. If you plan to *Level Up Your Leadership*, you can use these workshops to complete the requirements for levels one, two, and three of the Medallion Program.



**Level One Requirements:** Complete the Opening Session and one additional program from each of the five domains listed below.

### Opening Session

- Understanding Leadership

### Knowledge Acquisition

- Public Presentation Skills
- Intercultural Communication and Awareness

### Intrapersonal Development

- Values
- Leadership Styles

### Cognitive Complexity

- Introduction to Decision Making
- Implicit Bias
- Understanding Privilege and Taking Action

### Practical Competence

- Setting S.M.A.R.T. Goals
- Active Listening Skills
- Building Time Management Habits and Strategies
- Professional Communication Etiquette

### Civic Engagement

- Safe Zone Training
- Transformational Partnerships
- Ethical Decision Making and Leadership

★ You can request any of these sessions your organization (10 people required). Search for "Request a Workshop" form on the Medallion Program CCC page.



**Level Two Requirements:** Complete the Introductory Session and five additional workshops from the Interpersonal Competence Domain.

### Opening Session

- The Practices of Leadership

### Interpersonal Competence

- Conflict Meditation
- Non-Violent Communication
- Teambuilding: Learning Different Strategies and Practicing Them
- Creating an Inclusive Community
- Advanced Goal Setting: Keep Calm and Get Stuff Done
- 3 Keys to Building and Leading Successful Collaboration and Co-Sponsorship



One option for fulfilling Level Three of the Medallion Program is to complete a specialized project that focuses on leadership in a particular area. This project can be created within a community engagement area. You should contact Abbie Deacon ([Abigail.deacon@rochester.edu](mailto:Abigail.deacon@rochester.edu)) to discuss the idea for your potential project. Possible projects include:

- Creating the curriculum for a Medallion Workshop specifically focused on an aspect of student organization area
- Address a major issue related to community engagement, on campus and at the national level.

## Medallion Leadership Society

A group of students dedicated to leadership. The society educates their peers to realize their leadership potential and become engaged members of the campus and surrounding communities, in an effort to achieve positive social change. Members in the society will participate in committees, have opportunities to meet with deans, and plan leadership programs for the Office of the Dean of Students (ODOS).

**For more information about the Medallion Program visit [rochester.edu/college/medallion](http://rochester.edu/college/medallion)**

