



## Fraternity & Sorority Track

These workshops are recommended to provide the resources important to students who are members of fraternities and sororities. If you plan to *Level Up Your Leadership*, you can use these workshops to complete the requirements for levels one, two, and three of the Medallion Program.



**Level One Requirements:** Complete the Opening Session and one additional program from each of the five domains listed below.

### Opening Session

- Understanding Leadership

### Knowledge Acquisition

- Running Effective Meetings
- Public Presentation Skills
- Intercultural Communication and Awareness

### Intrapersonal Development

- Leadership Styles

### Cognitive Complexity

- Introduction to Decision Making
- Understanding Privilege and Taking Action

### Practical Competence

- Building Time Management Habits and Strategies
- SWARM Event Manager Training
- SWARM Risk Reduction Training
- Sexual Violence Prevention

### Civic Engagement

- Safe Zone Training
- Ethical Decision Making and Leadership

★ You can request any of these sessions your organization (10 people required). Search for "Request a Workshop" form on the Medallion Program CCC page.



**Level Two Requirements:** Complete the Introductory Session and five additional workshops from the Interpersonal Competence Domain.

### Opening Session

- The Practices of Leadership

### Interpersonal Competence

- Fraternity and Sorority New Member Educator's Institute
- Conflicts 101: Conflict without Contempt
- Teambuilding: Learning Different Strategies and Practicing Them
- Motivating the Middle
- Transitioning Leadership
- Advanced Goal Setting: Keep Calm and Get Stuff Done
- Creating an Inclusive Community



One option for fulfilling Level Three of the Medallion Program is to complete a specialized project that focuses on leadership in a particular area. This project can be created within fraternity and sorority life.

You should contact the Director of Fraternity and Sorority Affairs (John.DiSarro@rochester.edu) to discuss the idea for your potential project. Possible projects include:

- Creating the curriculum for a Medallion Workshop specifically focused on an aspect of fraternity/sorority leadership
- Developing academic resources to support students joining fraternities and sororities
- Addressing a major issue affecting fraternity and sorority life at a campus and national level such as hazing, alcohol and other drug use, or sexual misconduct.

### Medallion Leadership Society

A group of students dedicated to leadership. The society educates their peers to realize their leadership potential and become engaged members of the campus and surrounding communities, in an effort to achieve positive social change. Members in the society will participate in committees, have opportunities to meet with deans, and plan leadership programs for the Office of the Dean of Students (ODOS).

**For more information about the Medallion Program visit [rochester.edu/college/medallion](http://rochester.edu/college/medallion)**

